



# Vitalzym DOSAGE CHART

*Conversion Chart is rough comparison only...  
absorption ratios vary per individual*

DAILY Dosing Comparison For Various Conditions		
<b>Condition:</b>	<u>Activation or in Pain</u>	<u>Maintenance</u>
General Wellbeing	2 caps/2x*	1-3 caps
Chronic Fatigue	4-6 caps/2x*	3 caps/2x
Chronic Pain	4-6 caps/2x*	3 caps/2x
Fibromyalgia	4-6 caps/2x*	3 caps/2x
Autoimmune Conditions	5 caps/2x*	3 caps/2x
Osteoarthritis	3 caps/2x*	3 caps/2x
Uterine Fibroids	5-6 caps/2x*	3 caps/2x
Endometriosis	3-4 caps/2x*	1-3 caps/2x
Opening Circulation	5 caps/2x*	1-3 caps/2x
Traumatic Inflammation	5-6 caps/2x*	1-3 caps
New Strains/Sprains	5 caps/2x*	1-3 caps/2x
Post Surgical Recovery	3-5 caps/2x*	1-3 caps/2x
Edema	5 caps/2x*	1-3 caps/2x
Post Operative Scar Tissue	3-5 caps/2x*	1-3 caps/2x
Keloids	3-6 caps/2x*	1-3 caps/2x
Fibrosis of the Organs	3-5 caps/2x*	3 caps/2x
To aid in Physical Training	2 caps/2x*	1 cap/2x
Detoxification	3 caps/2x*	3 caps/2x

Most individuals will feel the benefit within 2-6 caps/2x/day. However, with Vitalzym, in very severe situations, you could increase the amount but you should not need to.

\*Activation dosages should be continued (or increased) until fibrin or scar tissue has been removed

*Note: This information is not intended to replace medical advice from your Medical Doctor or your Healthcare Professional. This information is not to be used to treat or cure diseases. This information has not been reviewed and it is not approved by the FDA. The following protocols are to be used as general guidelines only; each Healthcare Professional should review these and adjust them to meet the needs of their specific client.*